

Public Holiday Timetable

Friday 10TH JULY

Matariki

AM	PM
5:00am BODYATTACK 30min	12:15pm BODYBALANCE 60min
5:30am BODYPUMP 30min	1:30pm BODYCOMBAT 60min
6:00am BODYATTACK 45min	3:30pm BODYBALANCE 45min
6:50am CORE 15min	4:30pm BODYPUMP 45min
7:15am BODYCOMBAT 45min	5:30pm BODYBALANCE 60min
9:15am BODYPUMP 60min	
10:20am CORE 45min	
11:15am BODYCOMBAT 45min	

mi*gym*
LES MILLS
CHOOSE HAPPY

Friday 10th July = Buxton Door Access Only

SATURDAY LIVE CLASSES RUNNING AS USUAL